



Norfolk Community Day

5k Run/Walk

June 6, 2015

Race Details

- **Date:** June 6, 2015
- **Race** starts at 9:00am
- **Start / Finish:** Holmes Field, Myrtle Street, Norfolk MA. Professionally timed. USTA certified course along Norfolk's rolling country roads. (5k, 3.1 miles)
- Number pick-up on race day, 8am - 9am.
- Water and other refreshments will be provided
- Proceeds will be donated to Norfolk Advocates for Children. *Walkers, strollers, and children welcome!*

Registration dates and fees:

- Individuals on or before June 1 - \$25.00, after June 1 - \$30.00
- Kids 12 and under – free (unless reg for official time, \$20)

Register at:

- Online: norfolk5k.racewire.com
- On race day: 8:00 – 8:50am
- Or mail this form and a check payable to NCL to:

Attn: Community Day 5k
Norfolk Community League
PO Box 450
Norfolk, MA 02056

Questions: Email us at runwalks@norfolkcommunityleague.org

Entry Form

Name _____ Gender (circle selection) F M
Address _____ Age on Race Day _____
Emergency Contact and Phone # _____
Email _____

Individual before Jun 1: \$25
Individual after June 1: \$30
Child 12 & under (unofficial): \$0
Child 12 & under (official): \$20

Children 12 and younger

Child 1 (Name and Age) _____ Register for official time? Y N
Child 2 (Name and Age) _____ Register for official time? Y N
Child 3 (Name and Age) _____ Register for official time? Y N
Child 4 (Name and Age) _____ Register for official time? Y N
Note: \$20 fee for official time per child

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Norfolk, MA 02056

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Release/Waiver: I assume all risks associated with running in this event. In consideration of your accepting this entry, I hereby for myself and my heirs, executors, or administrators, waive and release all rights and claims for damages I may have against the Norfolk Community League, Norfolk Lions, the Town of Norfolk, all sponsors, all race officials and volunteers, and any other individuals or organizations associated with this event, for any death, personal injury, or property damage arising from or in the course of my participation in this event.

Signature: _____ Date: _____

Parent's Signature if under 18: _____

Special thanks to our co-sponsors, the Norfolk Lions.
We hope you, your family and friends stay for
Norfolk Community Day! Food. Music. Fun Activities.

